

GNAC Championships
5/9/2014 - 5/10/2014
Western Oregon - Monmouth, OR

#3 Women's 100 Meters Prelim (Top 1 per heat + next 6 advance)**Start Time: 4:20 PM (Day 1)**

GNAC Championship: Grace Morgan Alaska Anchorage 11.91 2012

GNAC: Jamie Ashcroft Alaska Anchorage 11.74 2014

McArthur Field: Grace Morgan Alaska Anchorage 11.91 2012

Lane	Name	Year	Team	Seed
Heat 1 of 2 Prelim				
1				
2	Jasmine Leaptrot-Atkins	FR	CWU	12.41
3	Ella Brown	FR	SFU	12.31
4	Makenzie Harsch	FR	UAA	12.28
5	Tasia Baldwin	JR	SPU	12.40
6	Jamie Ashcroft	FR	UAA	11.74
7	Veronica Ivancic	SO	WWU	12.55
8				

Heat 2 of 2 Prelim

1				
2	Renee Hudson	SO	SMU	12.48
3	Sasha Halfyard	SR	UAA	12.33
4	Natasha Kianipour	FR	SFU	12.26
5	Kyra Brannan	FR	SPU	12.37
6	Madison McClung	SR	WOU	12.01
7	Chelsea Genther	SR	CWU	12.52
8				

#4 Men's 100 Meters Prelim (Top 1 per heat + next 6 advance)**Start Time: 4:30 PM (Day 1)**

GNAC Championship: Anthony Wright Central Washington 10.43 2010

GNAC: Rimar Christie, Northwest Nazarene 10.38 2013

McArthur Field: Jean Olivier-Zirignon 10.33 1993

Lane	Name	Year	Team	Seed
Heat 1 of 2 Prelim				
1				
2	Alex Donigian	SO	WWU	10.49
3	Tyrell Williams	JR	WOU	10.78
4	Nathaniel van Tuinen	SO	WWU	11.14
5	Cody Thomas	JR	UAA	10.96
6	Cody Henderson	SR	NNU	11.14
7	Austen DeWolf	SR	UAA	10.98
8	Kent McKinney	SO	CWU	10.82

Heat 2 of 2 Prelim

1				
2	Rimar Christie	JR	NNU	10.50
3	Harish Prasad	SO	CWU	10.73
4	Brock Steffen	JR	WWU	11.19
5	Jordan Todd	SO	CWU	10.90
6	Jacob Oswald	JR	NNU	11.11
7	Isaac Messenger	FR	CWU	11.08
8	Jeff Howard	SO	WOU	10.85

#5 Women's 200 Meters Prelim (Top 1 per heat + next 6 advance)**Start Time: 5:40 PM (Day 1)**

GNAC Championship: Grace Morgan Alaska Anchorage 24.30 2013

GNAC: NyEma Sims Seattle Pacific 23.99 2007

McArthur Field: Grace Morgan Alaska Anchorage 24.61 2012

Lane	Name	Year	Team	Seed
Heat 1 of 2 Prelim				
1	Kishia Mitchell	SR	SPU	24.76
2	Tasia Baldwin	JR	SPU	25.09
3	Chantel Desch	SO	SFU	25.21
4	Kyra Brannan	FR	SPU	25.56
5	BryAnne Wochnick	SR	SPU	25.24
6	Hayley Bezanson	FR	UAA	25.75
7	Natasha Lazecki	FR	SFU	26.13
8	Renee Hudson	SO	SMU	26.21

Heat 2 of 2 Prelim

1				
2	Jamie Ashcroft	FR	UAA	24.27
3	Madison McClung	SR	WOU	25.10
4	Makenzie Harsch	FR	UAA	25.19
5	Natasha Kianipour	FR	SFU	25.28
6	Sasha Halfyard	SR	UAA	25.26
7	Veronica Ivancic	SO	WWU	25.76
8	Ashley Harmon	SO	CWU	26.05

#6 Men's 200 Meters Prelim (Top 1 per heat + next 6 advance)**Start Time: 5:55 PM (Day 1)**

GNAC Championship: Rimar Christie Northwest Nazarene 21.32 2013

GNAC: Mike Hinshaw Western Oregon 21.11 2002

McArthur Field: Anthony Wright Central Washington 21.36 2010

Lane	Name	Year	Team	Seed
Heat 1 of 2 Prelim				
1	Cody Thomas	JR	UAA	22.24
2	Cody Henderson	SR	NNU	22.43
3	Andrew Curtis	SR	NNU	21.97
4	Tyrell Williams	JR	WOU	21.19
5	David Ferguson	SR	SPU	22.09
6	Kent McKinney	SO	CWU	22.23
7	Alex Donigian	SO	WWU	21.73
8	Jeff Howard	SO	WOU	22.06

Heat 2 of 2 Prelim

1	Austen DeWolf	SR	UAA	22.25
2	Nathaniel Schmidt	JR	WWU	22.30
3	Jordan Todd	SO	CWU	22.00
4	Rimar Christie	JR	NNU	21.50
5	Jacob Oswald	JR	NNU	22.10
6	Daniel Kelloway	FR	SFU	22.10
7	Joel Webster	FR	SFU	21.60
8	Harish Prasad	SO	CWU	22.06

#7 Women's 400 Meters Prelim (Top 1 per heat + next 6 advance)**Start Time: 3:55 PM (Day 1)**

GNAC Championship: Helen Crofts Simon Fraser 54.46 2013

GNAC: Mary Pearce Alaska Anchorage 53.56 2007

McArthur Field: Mary Pearce Alaska Anchorage 55.10 2006

Lane	Name	Year	Team	Seed
Heat 1 of 2 Prelim				
1				
2				
3	Seanna Pitassi	SR	CWU	59.86
4	Chantel Desch	SO	SFU	57.11
5	Jayna Inderbitzin	SO	CWU	58.78
6	Sydney Coffey	SR	WWU	56.80
7	Hayley Bezanson	FR	UAA	58.50
8				

Heat 2 of 2 Prelim

1

Lane	Name	Year	Team	Seed
2				
3	Morgan Kilgore	SR	NNU	59.62
4	Jasmine Johnson	JR	SPU	57.68
5	Aimee Rodes	SO	NNU	59.11
6	Kishia Mitchell	SR	SPU	56.67
7	BryAnne Wochnick	SR	SPU	57.70
8				

#8 Men's 400 Meters Prelim (Top 1 per heat + next 6 advance)**Start Time: 4:05 PM (Day 1)**

GNAC Championship: Ethan Hewitt Alaska Anchorage 47.55 2012

GNAC: Ethan Hewitt Alaska Anchorage 47.51 2011

McArthur Field: Ethan Hewitt Alaska Anchorage 47.55 2012

Lane	Name	Year	Team	Seed
1				
2				
3	Ethan Hewitt	SR	UAA	48.00
4	Devon Smith	SR	WWU	48.75
5	David Harris	SO	NNU	49.73
6	Nathan Vanderby	FR	MSUB	49.86
7	Adam Commandeur	FR	UAA	48.34
8				

Heat 2 of 2 Prelim

1				
2	Joel Webster	FR	SFU	48.05
3	Aaron Whitaker	FR	WOU	49.01
4	Jonathon Poolman	JR	WWU	49.33
5	Nathaniel Schmidt	JR	WWU	49.92
6	Scott Morrison	SR	CWU	50.57
7	Daniel Kelloway	FR	SFU	48.21
8				

#9 Men's 800 Meters Prelim (Top 2 per heat + next 5 advance)**Start Time: 4:55 PM (Day 1)**

GNAC Championship: Paul Mach Seattle Pacific 1:49.31 2005

GNAC: Paul Mach Seattle Pacific 1:14.31 2005

McArthur Field: Shannon Lemora NIKE International 1:49.03 1995

Lane	Name	Year	Team	Seed
1	Stuart Ellenwood	JR	SFU	1:54.78
2	Cameron Proceviat	SO	SFU	1:51.64
3	Scott Commandeur	FR	UAA	1:53.51
4	Jesse Miller	SO	UAA	1:53.53
5	Ryan Hansen	SR	WOU	1:51.27
6	Isaac Kangogo	SR	UAA	1:54.83
7	Sam Naffziger	SO	WOU	1:56.02
8	Mitchell Hughey	FR	SMU	1:56.01

Heat 2 of 2 Prelim

1	Ryan McArthur	FR	WWU	1:54.08
2	Frank Krause	JR	SMU	1:52.04
3	Cody McCranie	SO	WWU	1:53.22
4	Joe Day	FR	UAA	1:54.32
5	Drew Galahan	SR	MSUB	1:55.09
6	Lorenzo Smith	SO	SFU	1:55.64
7	Josh Hanna	SO	WOU	1:50.45
8	Ryan Alcantara	JR	SPU	1:57.80

#10 Women's 800 Meters Start Time: 12:10 PM (Day 2)

GNAC Championship: Jessica Pixler Seattle Pacific 2:06.38 2010

GNAC: Helen Crofts Simon Fraser 2:02.10 2013

McArthur Field: Jessica Pixler Seattle Pacific 2:06.38 2010

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Susan Bick	SR	UAA	2:11.81
2	McKayla Fricker	SR	SPU	2:06.85
3	Lynelle Decker	JR	SPU	2:10.58
4	Ivy O'Guinn	SR	UAA	2:10.82
5	Natalie Evans	SR	NNU	2:11.04
6	Sarah Sawatzky	SR	SFU	2:09.15
7	Jessica Pahkala	SO	UAA	2:12.38
8	Jenny Leaf	SR	WOU	2:15.48
9	Bailey Beeson	SO	WOU	2:14.84
10	Connie Morgan	SR	CWU	2:14.19
11	Shawna Troupe	FR	WWU	2:16.25

#11 Men's 1500 Meters Start Time: 11:20 AM (Day 2)

GNAC Championship: Alfred Kangogo Alaska Anchorage 3:49.03 2010

GNAC: Alfred Kangogo Alaska Anchorage 3:44.67 2011

McArthur Field: Jim Howarth 3:46.74 1997

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Chase Robinson	SR	MSUB	3:52.25
2	Philip Messina	FR	UAA	3:59.05
3	Brady Beagley	SR	WOU	3:50.72
4	James Young	SR	SFU	3:51.57
5	John Wojtech	SO	CWU	3:58.37
6	Chip Jackson	SR	WWU	3:55.37
7	Ryan Hansen	SR	WOU	3:52.78
8	Logan Giese	FR	WWU	3:57.51
9	Drew Larson	SR	WOU	3:55.79
10	Isaac Kangogo	SR	UAA	3:49.60
11	Michael Mendenhall	FR	UAA	3:56.86
12	Adam Avischious	JR	SPU	3:57.05
13	Dylan Brown	SO	WWU	3:57.42
14	Cody McCranie	SO	WWU	3:55.29
15	Robert Peterson	SO	MSUB	3:52.08
16	Micah Chelimo	SR	UAA	3:49.74
17	BJ Cunliffe	JR	SFU	4:01.98

#12 Women's 1500 Meters Start Time: 11:10 AM (Day 2)

GNAC Championship: Jessica Pixler Seattle Pacific 4:24.01 2010

GNAC: Jessica Pixler Seattle Pacific 4:11.06 2010

McArthur Field: Jennifer Bravard Asics Track Club 4:13.81 1997

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Peggy Noel	SO	SFU	4:38.16
2	McKayla Fricker	SR	SPU	4:32.25
3	Rebecca Bassett	FR	SFU	4:33.94
4	Joyce Kipchumba	JR	UAA	4:37.19
5	Lynelle Decker	JR	SPU	4:35.81
6	Katelyn Steen	JR	WWU	4:34.98
7	Kirsten Allen	SR	SFU	4:37.41
8	Brittany Evans	FR	SFU	4:43.01
9	Connie Morgan	SR	CWU	4:38.23
10	Jessica Pahkala	SO	UAA	4:38.73
11	Austen Reiter	SO	WWU	4:39.72
12	Nocona Frame	JR	MSUB	4:40.75
13	Stephanie Stuckey	SO	WOU	4:40.90
14	Ivy O'Guinn	SR	UAA	4:25.39

#13 Men's 5000 Meters Start Time: 1:10 PM (Day 2)

GNAC Championship: Micah Chelimo Alaska Anchorage 14:29.41 2011

GNAC: Micah Chelimo Alaska Anchorage 13:41.99 2014

McArthur Field: Micah Chelimo Alaska Anchorage 14:29.41 2011

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Chip Jackson	SR	WWU	14:41.59
2	Oliver Jorgensen	FR	SFU	14:34.94
3	Brady Beagley	SR	WOU	14:35.37
4	Isaac Griffith	SO	WWU	14:58.84
5	Isaac Kangogo	SR	UAA	14:57.72
6	Dominik Notz	SO	UAA	14:42.46
7	Austin Trapp	JR	SFU	15:09.00
8	Dylan Anthony	JR	UAA	14:35.73
9	Turner Wiley	JR	SPU	14:58.83
10	Sean Eustis	FR	WWU	14:58.41
11	Micah Chelimo	SR	UAA	13:41.99
12	Kevin Rooke	JR	UAA	14:47.56
13	Tabor Reedy	JR	WWU	15:00.78
14	Robert Peterson	SO	MSUB	15:07.99
15	Victor Samoei	SO	UAA	14:44.75
16	Rudy Spencer	JR	CWU	15:17.48
17	Jamon Rodrigues	FR	MSUB	15:13.23
18	Nathan Richards	SO	WWU	15:11.61
19	Zach Holloway	SO	WOU	15:18.28
20	Tanner Boyd	SR	WWU	15:19.08

#14 Women's 5000 Meters Start Time: 12:50 PM (Day 2)

GNAC Championship: Sarah Porter Western Washington 16:39.39 2010

GNAC: Jessica Pixler Seattle Pacific 15:44.07 2010

McArthur Field: Sarah Porter Western Washington 16:39.39 2008

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Megan Rogers	SO	CWU	18:13.44
2	Jordan Rehfeld	SR	NNU	16:57.15
3	Claire Rachwitz	FR	SPU	18:12.45
4	Hannah Dowdell	FR	CWU	18:11.12
5	Sarah Macdonald	FR	SPU	17:33.17
6	Anna Patti	SO	SPU	17:19.10
7	Katelyn Steen	JR	WWU	16:59.03
8	Connie Morgan	SR	CWU	17:56.33
9	Bryn Haebe	JR	UAA	17:58.56
10	Joyce Kipchumba	JR	UAA	16:44.97
11	Taylor Guenther	FR	WWU	18:09.26
12	Ivy O'Guinn	SR	UAA	NT
13	Susanna Fleming	JR	NNU	18:23.80
14	Hailey Bradshaw	JR	NNU	18:13.82
15	Emma Chadsey	SO	SFU	17:54.57
16	Rio Frame	FR	MSUB	18:25.62
17	Renaef Hefner	JR	MSUB	18:27.39
18	Dani Eggleston	SO	CWU	17:47.21

#15 Men's 10000 Meters Start Time: 6:50 AM (Day 1)

GNAC Championship: Jordan Welling Western Washington 30:25.75 2011

GNAC: Micah Chelimo Alaska Anchorage 28:37.75 2014

McArthur Field: Jordan Welling Western Washington 30:25.75 2011

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Ryan Peterson	SO	WWU	32:24.00
2	Victor Samoei	SO	UAA	30:37.63

Lane	Name	Year	Team	Seed
3	Nathan Richards	SO	WWU	31:51.15
4	Turner Wiley	JR	SPU	31:39.47
5	Jamon Rodrigues	FR	MSUB	32:08.45
6	Tanner Boyd	SR	WWU	32:19.18
7	Cory Johnson	SO	WWU	32:00.60
8	Dylan Anthony	JR	UAA	30:19.90
9	Will Jones	SO	WWU	32:20.93
10	Jonathan Quimby	JR	WWU	32:46.78
11	Joe Berger	SR	SMU	31:52.77
12	Isaac Griffith	SO	WWU	31:19.00
13	Kaleb Fleenor	JR	NNU	32:38.64
14	Juan Castillo	JR	WWU	32:36.46
15	Dominik Notz	SO	UAA	NT

#16 Women's 10000 Meters Start Time: 6:10 AM (Day 1)

GNAC Championship: Lauren Brehof Western Washington 36:16.89 2010

GNAC: Sarah Porter Western Washington 33:17.39 2011

McArthur Field: Lorene Young 35:34.05 2008

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Hailey Bradshaw	JR	NNU	38:08.78
2	Jordan Rehfeld	SR	NNU	35:48.63
3	Christi Schmitz	SR	UAA	38:49.40
4	Claire Rachwitz	FR	SPU	38:20.06
5	Mary Owen	SR	MSUB	39:56.38
6	Joyce Kipchumba	JR	UAA	34:54.04
7	Jinise Osborne	SO	MSUB	39:04.95
8	Susanna Fleming	JR	NNU	39:33.93
9	Arielle Walton	SR	WWU	39:38.23
10	Anna Patti	SO	SPU	NT
11	Megan Rogers	SO	CWU	38:26.12

#17 Women's 100m Hurdle Prelim (Top 1 per heat + next 6 advance)**Start Time: 3:15 PM (Day 1)**

GNAC Championship: Danielle Ayers-Stamper Seattle Pacific 13.82 2005

GNAC: Danielle Ayers-Stamper Seattle Pacific 13.70 2005

McArthur Field: Haleigh Lloyd Alaska Anchorage 14.23 2012

Lane	Name	Year	Team	Seed
Heat 1 of 2 Prelim				
1				
2	Rosie Smith	SO	UAA	14.40
3	Allison Deck	SO	CWU	15.12
4	Chelsea Genther	SR	CWU	15.05
5	Tanya Bjornsson	SR	WWU	14.44
6	Courtney Schroeder	SR	NNU	15.24
7	Hannah Borden	JR	NNU	15.00
8				
Heat 2 of 2 Prelim				
1				
2				
3	Marie Smith	SR	NNU	14.38
4	Irene Moore	JR	SMU	15.12
5	Alexandra Scott	FR	UAA	15.10
6	Rochelle Pappel	SO	WOU	14.54
7	Taylor Fettig	JR	CWU	14.94
8				

#18 Men's 110m Hurdle Prelim (Top 1 per heat + next 6 advance)**Start Time: 3:35 PM (Day 1)**

GNAC Championship: Logan Myers Western Washington 14.65 2013

GNAC: Bernari Sternen Central Washington 14.47 2014
McArthur Field: Darryl Coppedge Southern Oregon 14.40 1992

Lane	Name	Year	Team	Seed
Heat 1 of 2 Prelim				
1				
2	Kyle McLaughlin	SR	NNU	15.20
3	Kody Rhodes	SR	WOU	14.61
4	Logan Myers	JR	WWU	14.65
5	Travis Wilson	SR	UAA	15.50
6	Dustin Camarillo	FR	WOU	15.61
7	Bobo Camara	SO	UAA	15.07

Lane	Name	Year	Team	Seed
Heat 2 of 2 Prelim				
1				
2	Micah Spatz	FR	NNU	15.24
3	Bernari Sternen	JR	CWU	14.47
4	Cody Thomas	JR	UAA	14.81
5	Brett Campbell	SR	WOU	15.25
6	Dennzell Mickelson	FR	CWU	15.73
7	David Durden	FR	SMU	14.95

#19 Women's 400m Hurdle Prelim (Top 1 per heat + next 6 advance)

Start Time: 5:10 PM (Day 1)

GNAC Championship: Haleigh Lloyd Alaska Anchorage 1:00.54 2013

GNAC: Haleigh Lloyd Alaska Anchorage 59.62 2012

McArthur Field: Kasey Harwood Oregon 1:00.23 2006

Lane	Name	Year	Team	Seed
Heat 1 of 2 Prelim				
1	Maddi Hommes	FR	SPU	1:04.38
2	Irene Moore	JR	SMU	1:02.54
3	Chelsea Genther	SR	CWU	1:06.35
4	Amber Dodd	SR	WWU	1:03.28
5	Ali Sowers	FR	SPU	1:06.37
6	Rosie Smith	SO	UAA	1:04.73
7	Karolin Anders	SO	UAA	NT
8	Alexis Carandang	FR	SMU	1:10.15

Lane	Name	Year	Team	Seed
Heat 2 of 2 Prelim				
1				
2	Audrey Hellesto	JR	WOU	1:04.29
3	Megan Teigen	FR	SMU	1:02.31
4	Miranda Lahman	SR	WWU	1:06.29
5	Hannah Borden	JR	NNU	1:03.97
6	Janessa Dyk	SO	NNU	1:06.58
7	Michelle Stolz	SO	WWU	1:06.22
8	Cheryl Hong	FR	SPU	1:07.70

#20 Men's 400m Hurdle Prelim (Top 1 per heat + next 6 advance)

Start Time: 5:25 PM (Day 1)

GNAC Championship: Shaun Ward Alaska Anchorage 52.23 2011

GNAC: Shaun Ward Alaska Anchorage 52.00 2011

McArthur Field: Keith Stuffle, Oregon International 51.33 1997

Lane	Name	Year	Team	Seed
Heat 1 of 2 Prelim				
1	David Durden	FR	SMU	55.01
2	Zach Trask	SO	WOU	56.40
3	Elliott Bauer	JR	UAA	53.61
4	Travis Wilson	SR	UAA	54.76
5	Bernari Sternen	JR	CWU	53.36
6	Austin Brenner	JR	SMU	57.46
7	John Schifferer	FR	WOU	56.05

Lane	Name	Year	Team	Seed
8	Lewis Polkow	SR	MSUB	55.80
Heat 2 of 2 Prelim				
1				
2	Jade Wilson	FR	WWU	55.20
3	Corey Pfeiff	JR	WWU	56.25
4	Kody Rhodes	SR	WOU	53.93
5	Peter Maguire	SO	WWU	53.98
6	Bobo Camara	SO	UAA	53.14
7	Michael Holland	JR	SMU	56.17
8	Kyle McLaughlin	SR	NNU	55.53

#21 Men's 3000m Steeple Start Time: 3:00 PM (Day 1)

GNAC Championship: Ryan Brockerville Simon Fraser 8:47.26 2012

GNAC: Micah Chelimo Alaska Anchorage 8:45.63 2012

McArthur Field: Ryan Brockerville Simon Fraser 8:47.26 2012

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Oliver Jorgensen	FR	SFU	9:09.38
2	Zach Holloway	SO	WOU	9:19.13
3	Joshua Reiter	SR	WWU	9:38.58
4	Brady Beagley	SR	WOU	9:07.66
5	Josh Panasuk	SO	MSUB	9:55.15
6	Matt Lutz	SO	WWU	9:24.95
7	Nathan Minor	SR	CWU	9:42.56
8	Noah Ripley	SO	WWU	9:45.46
9	Braeden Charlton	FR	SFU	9:44.42
10	Andrew Wise	FR	WWU	9:44.00
11	Michael Gordon	JR	NNU	9:36.67
12	Micah Chelimo	SR	UAA	NT

#22 Women's 3000m Steeple Start Time: 2:45 PM (Day 1)

GNAC Championship: Susan Tanui Alaska Anchorage 10:24.44 2012

GNAC: Susan Tanui, 10:13.33 2012

McArthur Field: Susan Tanui Alaska Anchorage 10:24.44 2012

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Bryn Haebe	JR	UAA	11:22.50
2	Hailey Bradshaw	JR	NNU	11:32.20
3	Haley O'Connor	JR	WWU	11:17.51
4	Brenna Eldredge	JR	CWU	11:54.21
5	Katelyn Steen	JR	WWU	10:44.03
6	Erin Chinchar	SO	CWU	11:28.63
7	Dani Eggleston	SO	CWU	10:58.26
8	Emma Chadsey	SO	SFU	11:25.86
9	Lacey Wagner	SO	CWU	12:03.76

#23 Women's 4 x 100m Relay Start Time: 11:00 AM (Day 2)

GNAC Championship: BryAnne Wochnick, Ali Worthen, Myisha

Valentine, Kishia Mitchell Seattle Pacific 47.22 2012

GNAC: Alaska Anchorage 46.56 2014

McArthur Field: University Of Oregon 46.85 1995

Lane	Team	Squad	Seed
Heat 1 of 1			
1	MSUB	A	49.89
2	WWU	A	48.48
3	WOU	A	48.17
4	SPU	A	47.09
5	UAA	A	46.56
6	CWU	A	48.09
7	SFU	A	48.45

Lane	Team	Squad	Seed
8	NNU	A	49.21

#24 Men's 4 x 100m Relay Start Time: 11:05 AM (Day 2)

GNAC Championship: Bryan Mack, Anthony Wright, Anthony Hogan,

Kincaid Nichols Central Washington 41.10 2010

GNAC: Central Washington 41.10 2010

McArthur Field: University of Oregon 41.00 1995

Lane	Team	Squad	Seed
Heat 1 of 1			
1			
2	SFU	A	43.15
3	WWU	A	42.14
4	WOU	A	41.92
5	NNU	A	41.57
6	CWU	A	41.99
7	UAA	A	42.92
8	MSUB	A	43.51

#25 Women's 4 x 400m Relay Start Time: 1:45 PM (Day 2)

GNAC Championship: Kishia Mitchell, Emily Quatier, Jasmine Johnson,

McKayla Fricker Seattle Pacific 3:44.11 2013

GNAC: Simon Fraser 3:42.05 2011

McArthur Field: Simon Fraser 46.85 2011

Lane	Team	Squad	Seed
Heat 1 of 1			
1	MSUB	A	4:11.56
2	CWU	A	3:59.85
3	UAA	A	3:57.00
4	NNU	A	3:53.03
5	SPU	A	3:45.63
6	WWU	A	3:56.71
7	SFU	A	3:57.86
8	WOU	A	4:00.97

#26 Men's 4 x 400m Relay Start Time: 1:55 PM (Day 2)

GNAC Championship: Elliott Bauer, Nicholas Blackburn, Ethan Hewitt,

Shaun Ward Alaska Anchorage 3:15.03 2012

GNAC: Alaska Anchorage 3:12.22 2014

McArthur Field: Alaska Anchorage 3:15.03 2012

Lane	Team	Squad	Seed
Heat 1 of 1			
1	MSUB	A	3:23.60
2	WOU	A	3:22.55
3	SFU	A	3:19.15
4	NNU	A	3:17.01
5	UAA	A	3:12.22
6	WWU	A	3:18.78
7	CWU	A	3:19.20
8	SMU	A	3:22.80

#27 Women's High Jump Start Time: 10:00 AM (Day 2)

GNAC Championship: Danielle Ayers-Stamper Seattle Pacific 1.74m 2005

GNAC: Teona Perkins Seattle Pacific 1.78m 2007

McArthur Field: Camile Jampulski 1.80m 1996

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Karolin Anders	SO	UAA	1.70m
2	Katelyn Wright	SO	WWU	1.62m
3	Ali Sowers	FR	SPU	1.58m

Lane	Name	Year	Team	Seed
4	Courtney Schroeder	SR	NNU	1.60m
5	Taylor Fettig	JR	CWU	1.75m
6	Maddi Hommes	FR	SPU	1.57m
7	Katie Reichert	SO	WWU	1.56m
8	Moriah Bentley	FR	CWU	1.55m
9	Miranda Osadchey	FR	WWU	1.52m

#28 Men's High Jump Start Time: 3:15 PM (Day 1)

GNAC Championship: Eric Draper Alaska Anchorage 2.07m 2006

GNAC: Brett Watson Western Washington 2.08m 2013

McArthur Field: Chris Nelson 2.25m 1999

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Mitch Kamstra	SR	NNU	1.96m
2	Garrett Hardie	SO	WOU	1.89m
3	Cole Hoberg	FR	NNU	2.03m
4	Cody Thomas	JR	UAA	1.92m
5	Brett Watson	JR	WWU	2.02m
6	Tevin Gladden	FR	UAA	1.95m
7	Justin Peterson	FR	CWU	2.06m
8	Luke Conklin	JR	NNU	1.90m
9	Brandon Roddewig	SR	CWU	1.94m
10	Kyle McLaughlin	SR	NNU	1.90m
11	Matson Hardie	SR	WOU	1.93m
12	Ethan Meikle	SR	CWU	1.90m
13	Logan Myers	JR	WWU	2.05m

#29 Women's Pole Vault Start Time: 3:25 PM (Day 1)

GNAC Championship: Karis Anderson Western Washington 3.83m 2012

GNAC: Karis Anderson Western Washington 3.85m 2012

McArthur Field: Becky Holliday Clackamas 4.12m 2001

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Morgan Annable	FR	WWU	3.25m
2	Michaella Kahns	FR	SPU	2.95m
3	McKenna Emmert	FR	CWU	3.38m
4	Elizabeth Knope	JR	WWU	3.21m
5	Bethany Graham	JR	WWU	2.93m
6	Alison Silva	SO	NNU	3.72m
7	Lindi Burgeson	SO	NNU	3.05m
8	Madi Webster	SO	SPU	3.25m
9	Cheyanna Pinley	JR	WWU	3.61m
10	Nicole Talcott	FR	CWU	3.05m
11	Hope Reid	FR	MSUB	2.93m

#30 Men's Pole Vault Start Time: 10:30 AM (Day 2)

GNAC Championship: Ryan Brown Western Washington 5.14m 2010

GNAC: Ryan Brown Western Washington 5.40m 2010

McArthur Field: Tim Bright Mizuno Track Club 5.85m 1997

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Joseph Keeton	JR	SMU	4.45m
2	Zach McClanahan	FR	NNU	4.45m
3	Micah Spatz	FR	NNU	4.01m
4	Keenan Komoto	SR	WWU	4.40m
5	Cole Campbell	FR	MSUB	4.40m
6	Jacob Hino	FR	WWU	4.36m
7	Greyson Kilgore	SR	NNU	4.46m
8	Gordon Kordas	FR	WWU	4.36m

Lane	Name	Year	Team	Seed
9	Tyler Wagner	FR	CWU	4.35m
10	Berlie Walker	FR	CWU	4.15m
11	Freeman Palmer	FR	WWU	4.16m
12	Brandon Roddewig	SR	CWU	4.44m

#31 Women's Long Jump Start Time: 3:35 PM (Day 1)

GNAC Championship: Ali Worthen Seattle Pacific 5.99m 2013

GNAC: Stephanie Huffman Seattle Pacific 5.99m 2002

McArthur Field: Julie Bright 5.86m 1996

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Karolin Anders	SO	UAA	5.75m
2	Tanya Bjornsson	SR	WWU	5.91m
3	Irene Moore	JR	SMU	5.27m
4	Taylor Fettig	JR	CWU	5.71m
5	Marie Smith	SR	NNU	5.42m
6	Kye Fedor	FR	SFU	5.21m
7	Rosie Smith	SO	UAA	5.20m
8	Kyra Brannan	FR	SPU	5.60m
9	Mercedes Rhode	SR	SFU	5.58m
10	Charlene Harber	SR	WOU	5.39m
11	Tasia Baldwin	JR	SPU	5.50m

#32 Men's Long Jump Start Time: 4:15 PM (Day 1)

GNAC Championship: David Registe Alaska Anchorage 7.52m 2008

GNAC: David Registe Alaska Anchorage 7.91m 2009

McArthur Field: Jon Hill Portland State 7.62m 2006

Lane	Name	Year	Team	Seed
Heat 1 of 2				
1	Jerry He	SO	SFU	6.66m
2	Tevin Gladden	FR	UAA	6.67m
3	David Harris	SO	NNU	6.57m
4	Mitch Kamstra	SR	NNU	6.73m
5	Stephen Larlee	SR	NNU	6.53m
6	Kyle Lane	SR	WOU	6.46m
7	Ben Smith	JR	SPU	6.42m
Heat 2 of 2				
1	Cody Thomas	JR	UAA	6.99m
2	Alex Wu	FR	SFU	7.02m
3	Nathaniel van Tuinen	SO	WWU	6.94m
4	Brett Watson	JR	WWU	6.95m
5	Kevin Yates	SO	WWU	6.95m
6	Matson Hardie	SR	WOU	6.79m
7	Luke Plummer	SO	CWU	6.78m

#33 Women's Triple Jump Start Time: 12:00 PM (Day 2)

GNAC: Ashley Potter Western Oregon 12.42m 2012

McArthur Field: Lavern Clark 12.42m 1992

McArthur Field: Ashley Potter Western Oregon 12.42m 2012

GNAC Championship: Ashley Potter Western Oregon 12.42m 2012

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Shandel Yanney	SR	WWU	10.45m
2	Kye Fedor	FR	SFU	11.12m
3	Allyssa Marzano	SO	CWU	10.79m
4	Alexia Blalock	FR	UAA	11.37m
5	Robyn Broomfield	SR	SFU	11.19m
6	Rebecca Laible	JR	WOU	11.69m
7	Jasmine MCMullin	FR	WWU	10.80m

Lane	Name	Year	Team	Seed
8	Ella Brown	FR	SFU	11.59m
9	Emma Destromp	SR	WWU	10.70m
10	Taylor Blue	FR	SFU	10.69m
11	Karolin Anders	SO	UAA	11.64m

#34 Men's Triple Jump Start Time: 11:00 AM (Day 2)

McArthur Field: Steve Miller 15.60m 1996

GNAC Championship: Justin Lawrence Central Washington 15.00m 2003

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Tevin Gladden	FR	UAA	14.14m
2	Matson Hardie	SR	WOU	14.42m
3	Vladislav Moldavanov	FR	SFU	14.32m
4	Luke Plummer	SO	CWU	14.23m
5	Mitch Kamstra	SR	NNU	12.93m
6	Stephen Larlee	SR	NNU	14.84m
7	Kyle Lane	SR	WOU	13.52m
8	Isaac Messenger	FR	CWU	13.52m
9	Justin Peterson	FR	CWU	13.03m
10	Mark Seely	FR	WWU	13.69m

#35 Women's Shot Put Start Time: 4:30 PM (Day 1)

GNAC Championship: Anica Knispel Montana State Billings 14.04m 2011

GNAC: Krissy Tandle Central Washington 14.94m 2009

McArthur Field: Gabriella Dixson Concordia 15.13m 2013

Lane	Name	Year	Team	Seed
Heat 1 of 2				
1	Caitlin Curtis	SR	NNU	11.83m
2	Ami Wick	SO	SMU	11.79m
3	Sammi Markham	FR	SPU	11.83m
4	Alex Green	FR	WOU	12.20m
5	Dorothy Moore	SO	CWU	11.61m
6	Mackenzie Smith	SO	WWU	11.61m
7	Gaynor Johansen	SR	UAA	11.56m
Heat 2 of 2				
1	Taylor VanValey	JR	NNU	13.10m
2	Becki Duhamel	SR	CWU	13.73m
3	Vessie Umu	SR	NNU	13.39m
4	Emmi Collier	SO	WOU	13.81m
5	Jessica Johns	SR	NNU	12.77m
6	Kirby Neale	FR	SMU	12.77m
7	Megan Mortensen	FR	WWU	12.39m

#36 Men's Shot Put Start Time: 2:00 PM (Day 1)

GNAC Championship: Cameron Neel Central Washington 16.97m 2005

GNAC: Frank Catelli Western Washington 58' 7.50" 2014

McArthur Field: Willy Irvin Concordia 19.05m 2013

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Jacob Gilbert	SR	WWU	15.48m
2	Anthony Montanez	SO	MSUB	15.73m
3	Kevin Stanley	JR	CWU	15.51m
4	Nelson Westlin	SR	WWU	15.26m
5	Damien Fisher	SR	WWU	15.33m
6	Frank Catelli	SO	WWU	17.87m
7	Ryan Macdonald	JR	WWU	14.80m
8	Eric Holmstrom	SR	CWU	14.82m
9	Brandon Pless	FR	WWU	15.22m
10	Armando Tafoya	FR	CWU	14.70m

Lane	Name	Year	Team	Seed
11	Mitch Wilkens	FR	SMU	14.58m

#37 Women's Discus Start Time: 2:00 PM (Day 1)

GNAC Championship: Jessica Telleria Western Washington 45.52m 2006

GNAC: Jessica Houston Alaska Anchorage 50.52m 2005

McArthur Field: Annie Hess Concordia 54.76m 2008

Lane	Name	Year	Team	Seed
Heat 1 of 2				
1	Kassandra Johnson	JR	NNU	37.00m
2	Mackenzie Smith	SO	WWU	37.92m
3	Vessie Umu	SR	NNU	36.17m
4	Gaynor Johansen	SR	UAA	38.11m
5	Blaine Land	FR	CWU	37.68m
6	Nikki Newton	JR	WOU	36.58m
7	Sydney Jensen	JR	CWU	35.20m

Heat 2 of 2

1	Kirby Neale	FR	SMU	40.38m
2	Maggie Roe	SR	WWU	42.74m
3	Becki Duhamel	SR	CWU	42.34m
4	Jessica Johns	SR	NNU	39.27m
5	Megan Mortensen	FR	WWU	39.18m
6	Caitlin Curtis	SR	NNU	42.32m
7	Lexi Sarver	JR	NNU	39.84m
8	Corrie Holm	JR	MSUB	42.82m

#38 Men's Discus Start Time: 4:30 PM (Day 1)

GNAC Championship: Tyler Fischer Central Washington 51.67m 2008

GNAC: Cameron Neel Central Washington 53.47m 2006

McArthur Field: Nathaniel Moses 59.40m 2013

Lane	Name	Year	Team	Seed
Heat 1 of 2				
1	Brandon Pless	FR	WWU	42.97m
2	Jacob Gilbert	SR	WWU	44.94m
3	John VanBeuren	FR	NNU	44.05m
4	Mitch Wilkens	FR	SMU	43.01m
5	Anthony Montanez	SO	MSUB	44.53m
6	Kyle DuCharme	SO	MSUB	42.77m
7	Greyson Kilgore	SR	NNU	42.73m
8	Carraig Colahan	JR	WOU	42.62m

Heat 2 of 2

1	Eric Holmstrom	SR	CWU	46.20m
2	Kevin Rima	SR	NNU	51.28m
3	Ryan Macdonald	JR	WWU	48.54m
4	Nelson Westlin	SR	WWU	45.15m
5	Frank Catelli	SO	WWU	53.00m
6	Armando Tafoya	FR	CWU	46.12m
7	Damien Fisher	SR	WWU	46.21m
8	Tim Dommek	SO	UAA	45.00m

#39 Men's Hammer Start Time: 12:00 PM (Day 2)

GNAC Championship: Michael Hoffman Western Washington 61.61m 2012

GNAC: Pro Escobedo Western Oregon 62.89m 2003

McArthur Field: Scott Boothby Club Northwest 69.76m 2004

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Andrew Knight	SR	WWU	45.29m
2	Carraig Colahan	JR	WOU	50.63m
3	Peter Behncke	FR	SFU	49.16m

Lane	Name	Year	Team	Seed
4	Armando Tafoya	FR	CWU	48.72m
5	Mitch Wilkens	FR	SMU	48.52m
6	Kevin Stanley	JR	CWU	55.11m
7	Matt Silva	SR	NNU	47.10m
8	Jeremiah Woods	SO	NNU	45.68m
9	Luca Molinari	JR	SFU	47.63m
10	Vincent Fualefau	FR	SMU	47.55m
11	Eric Holmstrom	SR	CWU	45.42m
12	Anthony Montanez	SO	MSUB	49.04m

#40 Women's Hammer Start Time: 9:30 AM (Day 2)

GNAC Championship: Audrey Oswald Humboldt State 54.51m 2006

GNAC: Jennifer Dunkin Western Oregon 56.27m 2003

McArthur Field: Cari Soong Team XO 59.31m 2007

Lane	Name	Year	Team	Seed
Heat 1 of 2				
1	Emmi Collier	SO	WOU	44.97m
2	Ami Wick	SO	SMU	45.45m
3	Dorothy Moore	SO	CWU	45.91m
4	Elizabeth Knope	JR	WWU	43.15m
5	Kassandra Johnson	JR	NNU	42.23m
6	Alyssa Taylor	FR	WOU	42.18m
7	Taylor VanValey	JR	NNU	41.91m
8	Allison Cook	JR	WOU	41.73m

Heat 2 of 2

1	Becki Duhamel	SR	CWU	49.94m
2	Angel Rodgers	JR	SMU	48.48m
3	Jasmine Warrington	SR	NNU	49.72m
4	Lindsay Wells	SR	WWU	55.58m
5	Caitlin Curtis	SR	NNU	48.53m
6	Ali Wick	SO	SMU	48.04m
7	Jessica Johns	SR	NNU	46.70m
8	Ryley Carr	JR	SFU	46.66m

#41 Men's Javelin Start Time: 9:45 AM (Day 2)

GNAC Championship: Franz Burghagen Alaska Anchorage 69.49m 2013

GNAC: Cody Parker Alaska Anchorage 77.98m 2013

McArthur Field: Brian Crouser New York Athletic Club 79.08m 1990

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Justin Larson	SO	WOU	63.04m
2	Shane Brooks	SO	WOU	64.49m
3	Slater Hirst	JR	WWU	63.80m
4	John Haskin	SO	WWU	59.10m
5	Franz Burghagen	JR	UAA	69.87m
6	Brian Chalkley	FR	SMU	57.59m
7	Nathan Talbot	SO	NNU	55.91m
8	Jeremiah Woods	SO	NNU	54.76m
9	Neil Gravatt	SO	WOU	54.09m

#42 Women's Javelin Start Time: 12:00 PM (Day 2)

GNAC Championship: Monika Gruszecki Western Washington 47.83m 2011

GNAC: Bethany Drake Western Washington 51.66m 2014

McArthur Field: Kelsey Stellick Oregon 51.26m 1995

Lane	Name	Year	Team	Seed
Heat 1 of 1				
1	Seabre Church	SR	WOU	47.48m
2	Katie Reichert	SO	WWU	49.59m

Lane	Name	Year	Team	Seed
3	Kathryn Walker	FR	SMU	45.84m
4	Michaela Farner	JR	SPU	40.72m
5	Selina Byer	SO	SFU	41.14m
6	AnnaMarie Forza	JR	NNU	40.20m
7	Michelle Stuart	SR	SFU	38.71m
8	Maddi Hommes	FR	SPU	38.20m
9	Sammi Markham	FR	SPU	37.86m